



## Shared Ski Adventures Students

[www.sharedskiadventures.org](http://www.sharedskiadventures.org)

2025 Ski Season

January 11<sup>th</sup> – March 1<sup>st</sup>



### Greetings Skiers!

We are pleased to offer another great season of skiing through the partnership of Shared Ski Adventures (SSA) through the SportsNet program, at SWAIN Resort. This adapted ski and snowboard program has existed for over 40 years, offering safe, affordable, high quality ski opportunities to children and adults with disabilities.

Individuals that participate in SSA are people who enjoy the outdoors, want to be challenged, like an adventure, and are willing to give and receive equally! Our skiers benefit from individualized lessons with attentive and caring instructors and the availability of adapted ski equipment. Most importantly, the SSA program focuses on each skier's *abilities*!

### Program Details

- Lessons for the 2025 season will be 9:30am – 12:30pm and will take place on Saturday mornings at Swain Resort (Swain, NY).
- Instructors are trained volunteers from all backgrounds who share their love of skiing with our students.
- Students who are not their own legal guardian must have a parent/caregiver on-site to attend to any needs. We are **not** a respite program and volunteer instructors are **not** allowed to assist with self-care needs.
- Participants must provide their own transportation to Swain Resort. For liability purposes, Volunteer instructors should not transport participants
- All students must wear a helmet while skiing. (SSA does **not** provide helmets.) The helmet must fit correctly and be strapped on.
- Students and Instructors needing rentals will be responsible for obtaining and putting on their equipment *before* the start of their lesson. Instructors may help with adaptive equipment.
- Our instructor to student ratio is at least one-to-one; we will pair up two instructors per student when possible.

### Registration - Deadline: November 30th

- Complete and return the Application Form. It must be signed by your Physician.
  - Regardless of Registration deadline, registrations will be accommodated on a first come, first serve basis. Registration spots could fill up before the registration deadline.
  - Registrations after 11/30 will be processed in the order that they are received but are not guaranteed; verbal or written notice of your desire to participate does **not** complete the registration requirement - Submitted Registration Forms are required.
  - There will be no registrations accepted after December 8<sup>th</sup>

### How do I know if I've been enrolled in the program?

- You will receive written confirmation of enrollment in the SSA program by December 8<sup>th</sup>.
- Enrollment in SSA is based upon instructor availability, as well as availability of adapted equipment.
- If SSA program is not able to accommodate the student this season, participant will be notified.

### Payment - \$280 for 4 lessons / Rentals

- After receiving confirmation of registration, **Payment is due before start of program**
- The program fee includes: lesson Instruction, lift tickets, rental equipment, and the use of the program's adapted equipment.
- A helmet is the responsibility of the participant. SWAIN does rent helmets for an additional fee.

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### Adapted Equipment

Our ski program has a variety of equipment that can be used to assist a skier to ski successfully. The equipment used allows SSA to provide experiences and opportunities for people of all abilities to enjoy skiing or snowboarding!

Our program also offers the availability of sit-skis for individuals who benefit from skiing from a seated position. The sit-skis can be independently controlled by the student or a trained instructor can provide the steering and guidance for the student. Due to our equipment requirements, individuals utilizing the sit-ski must have neck and trunk control/strength and weigh less than 200 lbs. SSA Coordinators will also consult with your physician or physical therapist to help assess whether the equipment we provide is appropriate for your safety. Please contact us if you have any questions about our sit-skis.

**\*We have a limited number of sit-skis and trained instructors available\***

### Family & Friends Program

This program allows the family and friends of instructors and students to receive discounted lift tickets at Swain for the day of the SSA lessons (Saturdays) only.

**Lift tickets:** \$40 each  
**Rentals:** \$29 each

- All Family & Friends purchases will be handled through Swain day of
  - No refunds or exchanges for purchased tickets

We're looking forward to another great season full of fond memories, learning experiences and new adventures for all involved in SSA! Please contact us with any questions or concerns.

Sincerely,

**The Shared Ski Adventures Team**

#### Questions? Contact us:

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